**✅ One-time setup**

1. **Open terminal / Git Bash** in the folder you want to upload.
2. Initialize Git in that folder:
3. git init
4. Link your GitHub repo:
5. git remote add origin https://github.com/USERNAME/REPO\_NAME.git

*(replace USERNAME and REPO\_NAME with your GitHub info)*

**📤 Push your folder**

Run these commands:

# Add all files

git add .

# Commit the changes

git commit -m "Initial commit - pushed project folder"

# Push to GitHub

git branch -M main

git push -u origin main

**🔄 Next time you update**

If you make changes and want to push again:

git add .

git commit -m "Updated files"

git push